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المؤهل العلمي

- Doctor of Public Health
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- MD

مسؤوليات التدريس

COMMUNITY MEDICINE	2011/2012 2014/2015 2015/2016 2016/2017 2017/2018 2018/2019 2019/2020
INTRODUCTION TO PUBLIC HEALTH	2014/2015 2016/2017 2017/2018 2019/2020
RESEARCH METHODOLOGY	2018/2019 2019/2020
THE ALIMENTARY AND HEPATOBILIARY SYSTEMS	2018/2019 2019/2020

المشاريع البحثية

In Progress

- 2019 - Present** - Postnatal mental illness: towards designing an assessment tool for Malaysian mothers
- 2019 - Present** - A novel study of matrix metalloproteinases (MMPs) and its tissue inhibitors (TIMPs) to reduce failure of autologous arteriovenous fistula (AVF) in Malaysia
- 2019 - Present** - Shift Work and Health Related Problems among Health Care Workers in a Teaching University Hospital
- 2019 - Present** - Postnatal mental illness: towards designing an assessment tool for Malaysian mothers
- 2019 - Present** - Effectiveness of UNICEF/WHO 20-hour breastfeeding Course in Improving Health Professionals? Knowledge, Attitudes and Practice towards Breastfeeding among IIUM Medical Centre healthcare professionals
- 2019 - Present** - Mobile application for promoting physical activity during pregnancy: A model to reduce antenatal, intrapartum and postpartum complications
- 2019 - Present** - Shift Work and Health Related Problems among Nurses in a Teaching University Hospital

- 2018 - Present** Model of nutrition screening and intervention in community living elderly: Towards enhancement of healthcare service delivery
- 2018 - Present** Prevalence of Suicide Risk and its Associated Factors among Male to Female (MTF) Transgenders in Kuantan Pahang
- 2017 - Present** Body image perception, body weight status and physical activity among late adolescent in Kuantan, Pahang
- 2017 - Present** Early Breast Cancer Detection: The Development of a New Model in Promoting the Behavior of Women towards Breast Self-Examination and Mammogram
- 2017 - Present** Correlation of Socio-cognitive Factors Predicting Sexual Intention to Engage In Premarital Sex Amongst Late Adolescent in Kuantan Government Secondary Schools.
- 2017 - Present** Prevalence and Associated Factors of Sexual Dysfunction among Post-partum Women
- 2015 - Present** Factors Affecting Oral Health Problem Among Pregnant Mother Attending Government Health Clinics in Kuantan Pahang
- Unknown - Present** Effectiveness of UNICEF/WHO 20-hour breastfeeding Course in Improving Health Professionals? Knowledge, Attitudes and Practice towards Breastfeeding among IIUM Medical Centre healthcare professionals
- Completed**
- 2018 - 2019** Prevalence of Suicide Risk and its Associated Factors among Male to Female (MTF) Transgenders in Kuantan Pahang
- 2017 - 2019** Body image perception, body weight status and physical activity among late adolescent in Kuantan, Pahang
- 2015 - 2018** Factors Affecting Oral Health Problem Among Pregnant Mother Attending Government Health Clinics in Kuantan Pahang

المنشورات

Article

- 2020** [Agreement between body weight perception and body weight status among late adolescents in Kuantan, Malaysia.](#) Medical Journal of Malaysia , 75 (2) pp.158-163
- 2020** [Predicting sexual intention to engage in premarital sex among late adolescent in Kuantan government secondary schools: an application of theory of planned behaviour.](#) International Medical Journal Malaysia , 19 (1) pp.109-116
- 2019** [Prevalence of physical activity and its association with body mass index among late adolescents in Kuantan, Malaysia.](#) Journal of International Dental and Medical Research , 12 (4) pp.1671-1675
- 2019** [Prevention of Oral Health Disease : Knowledge and Practices among Pregnant Women in Kuantan, Pahang.](#) INTERNATIONAL JOURNAL OF ALLIED HEALTH SCIENCES , 3 (2) pp.923-932

- 2019** [Menopausal experience among postmenopausal women In Kuantan, Pahang - a qualitative study.](#) Malaysian Family Physician , 14 (Supplement 2) pp.14-14
- 2019** [Body weight perception and physical activity level among late adolescents in Kuantan, Pahang : a cross-sectional study.](#) Malaysian Family Physician , 14 (Supplement 2) pp.15-15
- 2019** [A review on body weight perception and its associated factors among adolescents in Malaysia and worldwide.](#) World Journal Of Pharmaceutical And Medical Research , 5 (4) pp.25-29
- 2019** [Body Mass Index status and its relationship with mode of delivery, birth weight and early feeding history among children in an urban area of Pahang.](#) Medical Journal of Malaysia , 74 (Supplement 2) pp.69-69
- 2019** [Comparing the effects of qur'an recitation and nature sounds on preoperative anxiety and physiological parameters among patients undergoing surgery at a teaching hospital.](#) International Journal Of Allied Health Sciences , 3 (3 Special Issue) pp.842-842
- 2018** [Level of sexual and reproductive health knowledge and attitude among early adolescent.](#) International Medical Journal Malaysia , 17 (Supplementary Issue No 1) pp.45-45
- 2018** [Mental health and early adolescent: a prevalence study.](#) International Medical Journal Malaysia , 17 (Supplementary Issue No 1) pp.76-76
- 2018** [Predicting sexual intention to engage in premarital sex among late adolescent in Kuantan government secondary schools: an application of the theory of planned behavior.](#) International Medical Journal Malaysia , 17 (Supplementary Issue No 1) pp.25-25
- 2018** [Learning style preferences among pre-clinical medical students in a public university in Pahang.](#) The International Medical Journal Malaysia , 17 (Special issue 2) pp.11-16
- 2018** [Hormone consumption among Mak Nyahs in Kuantan Town: A preliminary survey.](#) The International Medical Journal of Malaysia , 17 (1) pp.63-70
- 2018** [Knowledge and practices on i-Ta'aleem and other educational technologies among International Islamic University Malaysia Kulliyah of Medicine lecturers.](#) International Medical Journal Malaysia , 17 (Supplementary Issue 1) pp.47-47
- 2018** [The relationship between eating habits and stress among undergraduate medical students of IIUM Kuantan.](#) Malaysia Journal of Public Health Medicine , 18 (Supplement 2) pp.68
- 2018** [Body weight perception versus body weight status: how good is the agreement?.](#) International Medical Journal Malaysia , 17 (Supplementary Issue No 1) pp.77-77
- 2017** [Nutritional knowledge, attitude and practice among antenatal and postnatal mothers in Hospital Tengku Ampuan Afzan \(HTAA\), Kuantan, Pahang 2016.](#) International Medical Journal Malaysia (IMJM) , 17 (Special Issue 1) pp.167-173
- 2017** [Knowledge, attitude and practice on dengue among adult population in Felda Sungai Pancing Timur, Kuantan, Pahang.](#) International Medical Journal Malaysia (IMJM) , 16 (2) pp.3-9

- 2016 [Validation of a new questionnaire assessing the health impact of divorce on women: An exploratory factor analysis.](#) Malaysian Journal of Public Health Medicine , 16 (2) pp.64-71
- 2016 [The prevalence of Internet addiction and its related factors among medical students of International Islamic University Malaysia \(IIUM\), Kuantan Campus.](#) Malaysian Journal of Public Health Medicine , 16 (Supplement 4) pp.122-122
- 2016 [Peer influences and intention to smoke e-cigarette: A cross-sectional study among form 4 students of a secondary school in Kuantan, Pahang.](#) Malaysian Journal of Public Health Medicine , 16 ((Supplement 4)) pp.120-120
- 2015 [Nicotine dependence and quit smoking: a preliminary survey among adult males in Kuantan, Malaysia.](#) International Medical Journal Malaysia , 14 (Supplement) pp.14-15

Conference or Workshop Item

- 2019 [Sexual dysfunction among post-partum women and its associated risk factors in Primary Care Clinics in Kuantan, Pahang.](#) In: **Medical Research Symposium 2019**
- 2019 [Menopausal experience among postmenopausal women in Kuantan, Pahang - A qualitative study.](#) In: **7 Asia Pacific Primary Care Research Conference**
- 2019 [Menopausal experience among postmenopausal women in Kuantan, Pahang—a qualitative study.](#) In: **7th Asia Pacific Primary Care Research Conference**
- 2019 [Body weight perception and physical activity level among late adolescents in Kuantan, Pahang : A cross-sectional study.](#) In: **7th Asia Pacific Primary Care Research Conference**
- 2018 [Knowledge, practice and barriers of pap smear screening among patients in obstetrics & gynecology ward of the largest government hospital in Pahang.](#) In: **Medical Research Symposium 2018**
- 2018 [The effects of subdermal etonorgestrel on body weight, blood pressure, menstrual and non-menstrual adverse effects between two BMI groups.](#) In: **Malaysian International Scientific Congress of Obstetrics & Gynaecology 2018**
- 2018 [A cross sectional study on quality of sleep among adult population in an urban area of Pahang.](#) In: **Medical Research Symposium 2018**
- 2018 [Sexual dysfunction among post partum women and its associated risk factors in primary care clinics in Kuantan, Pahang - a preliminary report.](#) In: **Empowering Primary Care Towards Universal Health**
- 2018 [Predicting sexual intention to engage in premarital sex among late adolescent in Kuantan government secondary schools: an application of the Theory of Planned Behavior.](#) In: **Medical Research Symposium 2018**
- 2018 [Food safety at home: knowledge and practices among adults in suburban community in Malaysia.](#) In: **International Society for Environmental Epidemiology and International Society of Exposure Science - Asia Chapter Conference 2018 (ISEE/ES-AC 2018)**
- 2018 [Interprofessional learning readiness among medical students in International Islamic University Malaysia using readiness for interprofessional learning scale inventory.](#) In: **Medical Research Symposium 2018**

- 2018 [Effectiveness of sexual and reproductive health education and attitude in early adolescent in Kuantan, Pahang.](#) In: **Medical Research Symposium 2018**
- 2018 [Level of sexual and reproductive health knowledge and attitude among early adolescent.](#) In: **Medical Research Symposium 2018**
- 2018 [Mental health and early adolescent: a prevalence study.](#) In: **Medical Research Symposium 2018**
- 2018 [Body weight perception versus body weight status, How good is the agreement.](#) In: **Medical Research Symposium 2018**
- 2017 [Oral health problem among pregnant mothers: age and attitude do matter.](#) In: **1st IIUM International Dental Conference 2017 in Commemoration of the Kulliyah of Dentistry 10th Anniversary (1st IIDC)**
- 2017 [Evaluation of knowledge and attitude towards oral health during pregnancy and common practices among pregnant women residing in Pahang, Malaysia.](#) In: **1st IIUM International Dental Conference 2017 in Commemoration of the Kulliyah of Dentistry 10th Anniversary (1st IIDC)**
- 2017 [Barriers To utilization of oral health care services among antenatal mothers in Kuantan, Pahang.](#) In: **1st IIUM International Dental Conference 2017 in Commemoration of the Kulliyah of Dentistry 10th Anniversary (1st IIDC)**
- 2017 [Knowledge, attitude and behaviour towards dietary salt intake among adults' residents of sub-urban setting in Kuantan.](#) In: **20th Family Medicine Scientific Conference**
- 2016 [Nutritional knowledge, attitude and practice during pregnancy among antenatal and postnatal mothers in HTAA, Kuantan, Pahang, Malaysia 2016.](#) In: **12th Asia Pacific Congress in Maternal Fetal Medicine**
- 2016 [Nicotine dependence and quit smoking survey among current adult male smokers in Felda Bukit Goh, Kuantan, Pahang in 2015 .](#) In: **62nd Myanmar Medical Conference**
- 2016 [Internet usage from Islamic perspective: a preliminary survey with first year medical students, Kuantan Campus, Pahang 2015.](#) In: **2nd World Congress on Integration Islamicisation: Focus On Medical & Health Care Sciences 2016 (2WCII-2016)**
- 2016 [Prevalence of smartphone addiction and its related factors among pre-clinical students at IIUM Kuantan Campus 2016.](#) In: **2nd Sabah Regional Public Health Conference & 11th Sabah Public Health Colloquium :Innovation & Transformation: Regional Public Health Of the Future**
- 2016 [Smoking dependency behaviour towards conventional & e-cigarette among selected government institution in Indera Mahkota, Kuantan 2016.](#) In: **2nd Sabah Regional Public Health Conference & 11th Sabah Public Health Colloquium :Innovation & Transformation: Regional Public Health Of the Future**
- 2016 [Knowledge, attitude and practice on hand hygiene among clinical year medical students in Islamic institution.](#) In: **2nd World Congress on Integration Islamicisation: Focus On Medical & Health Care Sciences 2016 (2WCII-2016)**

- 2016 [Learning style preferences among Muslims pre-clinical medical students in an Islamic institution.](#) In: **2nd World Congress on Integration Islamicisation: Focus On Medical & Health Care Sciences 2016 (2WCII-2016)**
- 2016 [Protection of life & progeny: do our mothers have good nutritional knowledge, attitude and practice?.](#) In: **2nd World Congress on Integration Islamicisation: Focus On Medical & Health Care Sciences 2016 (2WCII-2016)**
- 2015 [A knowledge, attitude and practice \(KAP\) on dengue among adult population in Felda Sungai Panching Timur, Kuantan, Pahang.](#) In: **18th Family Medicine Scientific Conference 2015**
- 2015 [Oral cancer awareness among dental patients attending polyclinic, kulliyah of dentistry, International Islamic University Malaysia \(IIUM\): a preliminary study.](#) In: **18th Malaysia Family Medicine Scientific Conference 2015**
- 2015 [Difficult to quit smoking beyond “nicotine dependence”: a preliminary survey among adult male smokers in Felda Bukit Goh, Kuantan Pahang, Malaysia.](#) In: **5th Asia Pacific Primary Care research Conference**
- 2015 [Prevalence of risk for eating disorder amongst International Islamic University Malaysia medical students and its associated factors.](#) In: **Medical Research Symposium 2015**
- 2015 [Nicotine dependence and quit smoking: a preliminary survey among adult males in Kuantan, Malaysia.](#) In: **Medical Research Symposium 2015**
- 2015 [Nicotine dependency of adult male smokers and it’s socio-economic determinants.](#) In: **18th Family Medicine Scientific Conference 2015**
- 2014 [The effectiveness of sexual and reproductive health \(SRH\) education programme among secondary school students in Felda, Pahang.](#) In: **4th International Public Health Conference**

Book

- 2017 [Sexual and reproductive health among early adolescent a program effectiveness.](#) IIUM Press, International Islamic University Malaysia . ISBN 978-967-418-718-7

Book Section